What's Happening

University of California San Francisco

NOVEMBER
DECEMBER
1980

FILMS

COLE HALL CINEMA

Shown in Cole Hall, Medical Sciences Building, 513 Parnassus Ave. Children under 14 $1; UCSF students/ Millberry Union members $1.50; general $2. For further information call 666-2019.

Thurs. & Fri., Nov. 6 & 7: **Being There.** Shown at 5:45 & 8 p.m. on Thurs., 7 & 9:15 p.m. on Fri.

Fri. Nov. 14: **Everything You Always Wanted to Know About Sex but Were Afraid to Ask.** 7 & 9 p.m.

Thurs. & Fri., Nov. 20 & 21: **The Marriage of Maria Braun.** Shown at 5:45 & 8 p.m. on Thurs., 7 & 9:15 p.m. on Fri.

Fri., Dec. 5: **The Black Stallion.** 7 & 9 p.m.

NOON FILMS

Free and shown on Tuesdays. For further information call 666-2019.

Nov. 4: **Here's Looking at You Kid.**

Nov. 11: **Annapurna.**

TOURS

CAMPUS TOURS

All tours are free and take place at 1 p.m. on Tuesdays, Nov. 4, 11, 18, 25, Dec. 2, 9, 16, 23, and 30. Meet in the lobby of Medical Sciences Building. For further information call 666-4394.

BROWN BAG TOURS

All tours are free and take place at noon on Wednesdays in Room 303 Health Sciences West. For further information call 666-4394.

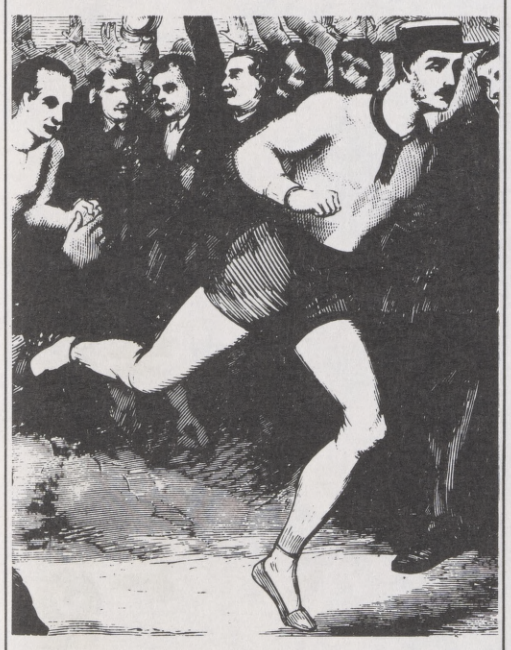
Nov. 5: **Update on Arthritis.**

Nov. 12: **Alpha Feedback, Aging, Anxiety & Altered States of Mind.**

Nov. 19: **Job Burn-Out: What are the Symptoms & Causes?**

Nov. 26: **How to Combat Job Burn-Out.**

Dec. 3: **Plans to Climb Mount Everest from the Tibetan Side.**



Dec. 10: **Nutrition & Exercise.**

Dec. 17: **Women's Success Teams, West.**

NOON LECTURES/ PERFORMANCES

All lectures and performances are free. For further information call 666-2019.

Mon., Nov. 3: **Gold of Eldorado: The Colombian Heritage.** 303 Health Sciences West (enter through Medical Science lobby, 513 Parnassus).

Thurs., Nov. 6: **Mangrove Dance Collective.** Millberry Union Gym, 500 Parnassus Ave.

Mon., Nov. 10: **Financial Planning for the 1980's.** 303 Health Sciences West.

Fri., Nov. 14: **Murray Louis Dance Company** (lecture & demonstration). Millberry Union Gym.

Thurs., Dec. 4: **S.F. Chamber Orchestra.** Cole Hall.

SPECIAL EVENTS

Tues., Nov. 11: **Song of the Canary,** with discussion by the filmmaker Josh Hanig, and **Working for Your Life.** Children under 14 $1; UCSF students, Millberry Union members $1.50; general $2. Cole Hall. 8 p.m.

Wed., Dec. 3: Special Lecture — **Nutrition Policy for the 1980's.** Audrey Cross, human nutrition coordinator, U.S. Department of Agriculture; Christopher Hitt, consultant, Senate Committee on Agriculture, Nutrition & Forestry, Wash., D.C. 302 Health Sciences West. 7-9 p.m. Free.

FOLK DANCING

Learn folk dancing from various parts of the world. Held every Tuesday at noon. Special instruction for beginners 12:10-12:30 p.m. Millberry Union Gym, 500 Parnassus Ave.

MASSAGE SERVICE

Experienced, certified masseuses and masseurs are offering high quality, professional massage at low prices to members of UCSF and the neighborhood. For free information and appointments visit the Athletic Control Desk, Millberry Union or call 666-1115.

COMMUNITY HEALTH EDUCATION PROGRAMS

All lectures are free. Cancellations sometimes occur. For confirmation of times and dates please call 666-3206 or 666-3208.

Mon., Nov. 3: **Holistic Health.** Diamond Senior Center, 117 Diamond St. 12:45-1:45 p.m.

Wed., Nov. 5: **Care of Your Feet.** Downtown Senior Center, 465 O'Farrell St. 1-2 p.m.

Wed., Nov. 5: **Patient-Doctor Communication.** Noe Valley Senior Center, 1021 Sanchez St. 1-2 p.m.

Fri., Nov. 7 or 14: **Respiratory Care.** Haight Ashbury Senior Center, 1350 Waller St. 12:45-1:45 p.m.

Thurs., Nov. 13: **Holistic Health.** California League for the Handicapped, 1299 Bush St. 1-2 p.m.

Tues., Nov. 18: **Hearing.** First Baptist Senior Center, 7 Octavia St. 11 a.m.-noon.

Thurs., Dec. 4: **Health & Safety.** Glide Memorial Senior Center, 330 Ellis St. 12:45-1:45 p.m.

Thurs., Dec. 11: **Grief & Bereavement.** California League for the Handicapped, 1299 Bush St. 1 p.m.

Fri., Dec. 12: **Arthritis.** Haight Ashbury Senior Center, 1350 Waller St. 12:45-1:45 p.m.

SYMPOSIA/SHORT COURSES

For registration and fee information call 666-3904 unless otherwise noted.

Fri. & Sat., Nov. 7 & 8: **Longevity: The Biological Potential of the Human Species**

Sat. & Sun., Nov. 8 & 9: **Cross-Cultural & Transcultural Issues in Family Health Care.**

Sat., Nov. 8: **Fourth Annual Geriatric Oral Health Care Seminar.** For further information call 666-1101.

Fri. & Sat., Nov. 14 & 15: **Alcoholism: Diagnosis & Treatment.**

Fri. & Sat., Nov. 14 & 15: **Motivation Toward Compliance: Interdisciplinary Issues in Clinical Practice.**

Fri. & Sat., Nov 14 & 15: **Preventing Teenage Pregnancy.**

Fri. & Sat., Nov. 14 & 15: **Recent Clinical Trends in Breast Cancer.**

Sat. & Sun., Nov. 15 & 16: **The Fourth Annual Symposium on Aging.**

Fri. & Sat., Nov. 21 & 22: **Humor & Health**

Fri. & Sat., Nov. 21 & 22: **Medical Self-Care: Promoting Lay Health Care.**

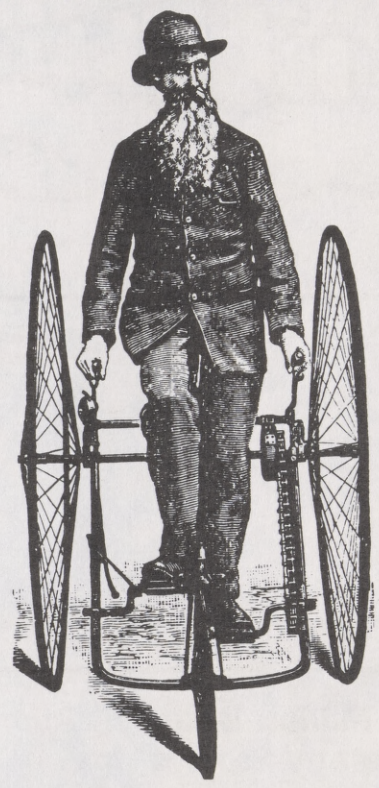
Sat. & Sun., Dec. 6 & 7: **The Patient Education Research Seminar.**

Fri. & Sat., Dec. 12 & 13: **A New View of Human Nature.**

OUTDOORS UNLIMITED/ WILDERNESS EXCHANGE

Events are free except for clinics. Advance registration of one or two weeks is required. Sign up at the Outdoors Unlimited Center, 24 Kirkham St. For further information on these events and more call 666-2078.

Mon., Nov. 3: Sign-ups begin for:
Sailing on the Bay, Nov. 15;
Kayaking for Raft Leaders, Nov. 15 & 16;
Day Hike, Pt. Reyes, Nov. 15;
Bike Trip, Sonoma County, Nov. 15 & 16.



Wed., Nov. 5: **Planning Meeting for Downhill Ski Trip to Jackson Hole,** Feb. 7-14. Held at Outdoors Unlimited Center, 24 Kirkham St. 6 p.m.
Women's Adventurer's Forum. Millberry Union Madrone Room. 7 p.m.

Mon., Nov. 10: **Grand Canyon of the Colorado Slides & Films.** Millberry Union Lounge. 7 p.m.
Sign-ups begin for:
Wine Tour, Santa Cruz & Salinas Valley, Nov. 22; **Women's Shamanic Experience, Marin Headlands,** Nov. 22.

Mon. Nov. 17: Sign-ups begin for **Women's Backpacking, Desolation Wilderness,** Nov. 28-30.

Mon., Nov. 24: Sign-ups begin for:
Sailing on the Bay, Dec. 6;
Women's Hot Springs, Dec. 6 & 7;
Canoeing, S.F. Bay, Dec. 7.

Mon., Dec. 1: Sign-ups begin for:
Adventure Ropes Course, Ft. Miley, Dec. 13;
Women's Rope Course, Ft. Miley, Dec. 14;
Day Hike, Mt. Tamalpais, Dec. 14;
X-C Ski Trip, Lassen, Dec. 30-Jan. 4.

Wed., Dec. 3: **An Introduction to Outdoors Unlimited.** Includes tour & slideshow. Outdoors Unlimited Center, 24 Kirkham. 7 p.m.

Mon., Dec. 8: Sign-ups begin for:
Tidepooling, Pt. Reyes, Dec. 20;
X-C Skiing, Donner-Tahoe, Dec. 20 & 21

Thurs., Dec. 11: **Outdoors Unlimited Winter Get-Together.** Includes trip planning, tall tales, slideshows and films. Millberry Union Lounge. 7 p.m.

Mon., Dec. 15: Sign-ups begin for:
Winter Solstice Celebration, Marin Headlands, Dec. 22.

Thurs., Dec. 18: **Introduction to X-C Skiing.** 214 Medical Sciences Building. 7 p.m.

UCSF
University of California San Francisco

TO OUR NEIGHBORS

November & December, 1980, Vol. V, No. 5

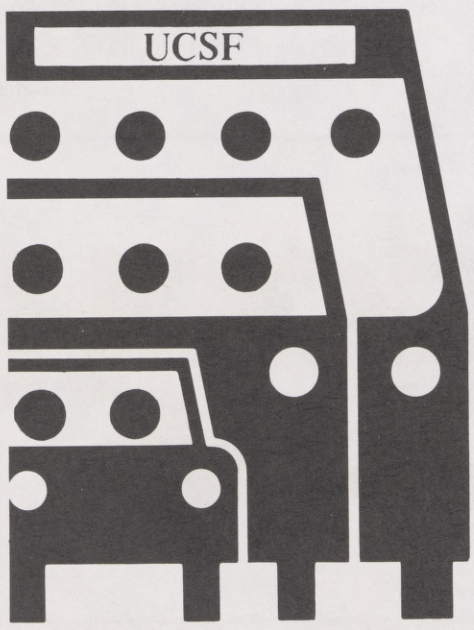
UCSF Signs Lease with School District

UCSF has signed a 20-year lease with the San Francisco Unified School District for occupancy of the Laguna Honda Elementary School at 1350 Seventh Avenue, which is now vacant.

UCSF will beautify the outside area by adding trees, bushes and walkways. Interior renovation will involve updating the facility while preserving the school's original character.

Housed at the new location will be UCSF's Center for Deafness and the Human Development and Aging, Human Sexuality, and Medical Anthropology programs. The first move will occur in early November.

The lease covers only the school building and does not include the adjacent playground or parking lot. The city parking authority is scheduled to develop the parking lot for the neighborhood. UCSF will operate a shuttle service from the main campus to the school.



White House Award

UC-San Francisco's Transportation Services has been given the President's Award for Energy Efficiency for the ride-sharing and vanpooling program. The award, which recognizes outstanding accomplishments by organizations and individuals who successfully achieve the energy conservation goals established by President Carter, was set up in April of this year.

It coincides with the fifth anniversary of the UCSF Vanpool Program, which started in September of 1975 with two 12-passenger vans and has since grown to 30 vans with almost 400 participants. The vanpool program is a UCSF effort to conserve fuel, improve air quality, and reduce parking congestion in the neighborhood. Each van replaces approximately seven cars, resulting in an annual reduction of 140,000 miles of travel and 13,300 gallons of fuel. For UCSF's total program that means over four million miles of travel and 400,000 gallons of gasoline saved per year.

It's a Bargain

The Bear-ly New Thrift Shop, operated by the UCSF Hospitals Auxiliary has a new location at 1907 Fillmore Street. The shop is open from 10 a.m. to 4 p.m. For further information call 921-2789.

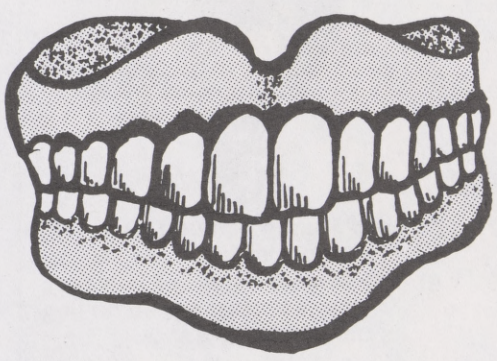
Safety Efforts Update

The latest steps taken by UCSF to improve personal safety for all students, staff, faculty, and visitors are:

- A Night Security Shuttle operates seven nights a week, 5:30 p.m. to 2 a.m. and leaves approximately every 15 minutes from the front doors of Moffitt Hospital (505 Parnassus). It stops at the bus shelters in front of Langley Porter (401 Parnassus), the School of Dentistry (707 Parnassus), and the H level of Millberry Union garage and also transports people to public transit stops, homes, and parked cars within the areas bordered by Clarendon, Clayton, Golden Gate Park and Ninth Avenue. When driving to campus after dark, enter the garage on Parnassus, park on H level, and wait for the shuttle to take you across Parnassus. For further information call 666-1414.
- A two-way emergency intercom system between the Millberry Union garage floors and the UCSF Police Department has been developed, and installation will begin shortly.
- Self Defense Workshops and Tear Gas (MACE) classes are available. For registration and fee information call 666-5683.

Want to be a Volunteer?

If you would like to volunteer your services in our Hospitals & Clinics, please come to an orientation sponsored by the Volunteer Office. The next orientation is Tuesday, November 18 in Room 733 Nursing Building (enter through 521 Parnassus) from 2 to 4 p.m. for daytime volunteers and 6 to 9 p.m. for evening and weekend volunteers. For further information call 666-1196.



Dental Program Gets First Place

The UC-San Francisco School of Dentistry's Senior Citizen Community Dental Program has been selected as the first place winner in the 1980 Preventive Dentistry Award Competition of the American Student Dental Association. Fifty-four dental schools submitted entries in the nationwide competition. The award was for the dental program described in our September/October issue. For further information on the program call 666-5608.

In addition, the School of Dentistry has been granted a one-year extension of the National Preventive Dentistry Demonstration which it has been conducting for the past three years among 2,000 children in 14 elementary schools of the Hayward School District. The program is an attempt to reduce the number of cavities formed in young children by utilizing various combinations of safe and effective preventive dentistry procedures, including the application of fluoride.

$5 Million Drug Therapy Project

A five million dollar four-year pilot project has been awarded to UC-San Francisco's Department of Epidemiology and International Health by the National Heart, Lung, and Blood Institute.

The study will attempt to test and identify effective drug therapy for isolated Systolic Hypertension (ISH), the form of the disease caused by the hardening of the larger arteries. It will test four drugs, and the two that prove to be the most effective in reducing blood pressure without significant side effects will be recommended.

UCSF Job Fair

Plans are underway for the second annual UC-San Francisco Community Job Fair to be held in the Western Addition in late January, 1981. Representatives from various departments on campus will speak on job opportunities at UCSF and recruit qualified applicants to fill positions. In addition, staff members from the schools of Dentistry, Medicine, Nursing, and Pharmacy will talk to students about minority recruitment programs. The fair is sponsored by UCSF's Personnel Department, the Bay Area Urban League, and the Committee Advisory Board of the West Side Community Mental Health Center.

Furnished Rooms Needed

Visiting scholars who are at UCSF for one month are having difficulty finding a place to live. If you have a furnished room you would like to rent please call the UCSF Housing Office at 666-1426. The Housing Office has a free rental agency for all types of accommodations, including houses, apartments, flats, rooms, and various kinds of facilities.

Childbirth Films

Three childbirth films are being shown by UC-San Francisco staff the first Friday of every month at San Francisco General Hospital/Medical Center, 1001 Potrero Avenue. The films are "Five Women, Five Births," "Happy Birthday," and "A Time to be Born." They are shown in Carr Auditorium, Pathology Building from 7 to 9 p.m., following which the staff shows slides from deliveries at SFGH and leads a short discussion. The program is sponsored by the UCSF Nurse/Midwifery Service at SFGH. A donation of one dollar is suggested.

In addition, two new childbirth films, culturally and linguistically tailored to Spanish-speaking expectant parents, have been produced by the UCSF Biliingual Media Project based at SFGH. The films are: "Nueva Vida" (New Life), which covers the father's involvement in the birth process, and "Parto Por Cesarea" (Cesarean Birth), where the father is present during the Cesarean operation. For information on how to obtain these two films contact Terry Looper, 282-4768.

Stop-Smoking Program

A new, free stop-smoking program to prepare former smokers for the inevitable urge to smoke again, has begun at UC-San Francisco. This research-oriented program, sponsored by Langley Porter Psychiatric Institute's (LPPI) Habit Abatement Clinic, is open to cigarette smokers between the ages of 21 and 55 who do not have heart or lung disease.

The National Institute of Drug Abuse is supporting this one-of-a-kind program with a three-year grant of $269,000. More than 125 persons are expected to participate. Participants pay a $65 refundable deposit.

The program consists of 12 sessions over a period of 3 weeks. Each session lasts approximately an hour and 15 minutes and takes place at LPPI. For further information contact Deborah Rugg, 681-8080, extension 453.

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News and Public Information Services
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